

GEWONNEN JAREN

Literatuurverantwoording

INLEIDING; LEVEN TOEVOEGEN AAN DE GEWONNEN JAREN	1
DEEL 1. HET VEGE LIJF: LICHAAMELIJK FUNCTIONEREN	3
Hoofdstuk 1 Welke lichamelijke functies veranderen, en wanneer?	3
Hoofdstuk 2 Welke factoren bevorderen of belemmeren het lichamelijk functioneren?...	4
Hoofdstuk 3 Hoe houd je plezier in het leven bij verminderd lichamelijk functioneren? .	11
Hoofdstuk 4 Word je op dezelfde manier lichamelijk oud als je ouders?	14
DEEL 2. HET HOOFD KOEL HOUDEN: COGNITIEF FUNCTIONEREN	15
Hoofdstuk 5 Welke cognitieve functies veranderen, en wanneer?.....	15
Hoofdstuk 6 Welke factoren bevorderen of belemmeren het cognitief functioneren?	16
Hoofdstuk 7 Hoe houd je plezier in het leven bij cognitieve achteruitgang?	18
Hoofdstuk 8 Word je op dezelfde manier cognitief oud als je ouders?	18
DEEL 3. VERKEREN IN DIVERSE KRINGEN: SOCIAAL FUNCTIONEREN	19
Hoofdstuk 9 Welke aspecten van je sociale leven veranderen, en wanneer?.....	19
Hoofdstuk 10 Welke factoren bevorderen of belemmeren het sociale leven?.....	23
Hoofdstuk 11 Hoe houd je plezier in het leven bij verminderd sociaal functioneren?	25
Hoofdstuk 12 Word je op dezelfde manier sociaal oud als je ouders?.....	26
DEEL 4. DE STEMMING ERIN HOUDEN: EMOTIONEEL FUNCTIONEREN	28
Hoofdstuk 13 Hoe verandert het welbevinden in de loop van het leven?	28
Hoofdstuk 14 Specifieke aspecten van emotioneel functioneren.....	29
Hoofdstuk 15 Welke factoren bevorderen of belemmeren het welbevinden?	30
Hoofdstuk 16 Word je op dezelfde manier emotioneel oud als je ouders?.....	31
DEEL 5. OUD WORDEN MET VELEN: DEMOGRAFISCHE ONTWIKKELING	33
Hoofdstuk 17 Levensverwachting en sterftecijfers.....	33
Hoofdstuk 18 De omvang van de oudere bevolking	33
Hoofdstuk 19 De samenstelling van de oudere bevolking	33
Hoofdstuk 20 Geboorte en migratie	33
Hoofdstuk 21 Subjectieve levensverwachting	33
DEEL 6. DE ONGEBAANDE PADEN VAN DE OUDERDOM	35
Hoofdstuk 22 Oud worden als individu.....	35
Hoofdstuk 23 Oud worden in de samenleving	35

INLEIDING; LEVEN TOEVOEGEN AAN DE GEWONNEN JAREN

Boer R-M de, Steur P. 70ers van nu. Portretten van opmerkelijke zeventigers. Houten: TerraLannoo, 2016.

Dorrestein R. Ouder worden doen we allemaal. In: Deeg D, Horst M van der, Sant N, Evenblij M. Licht op later. Twintig jaar onderzoek naar ouder worden. Amsterdam: VU Uitgeverij/LASA, 2011: 5-6.

Geurts T. Grandparent-grandchild relationships in the Netherlands. A dynamic and multigenerational perspective. Proefschrift. Amsterdam: Vrije Universiteit, 2012.

Kommer TN van den, Comijs HC, Rijs KJ, Heymans MW, Boxtel MP van, Deeg DJ.
Classification models for identification of at-risk groups for incident memory complaints. *International Psychogeriatrics* 2014; 26(2): 257-271.

Nussbaum MC, Levmore S. *Aging thoughtfully. Conversations about retirement, romance, wrinkles, and regret.* Oxford University Press, 2017.

Westendorp R, Hengst J den. *Buiten spel? De kunst van het oud worden.* Wormer: Inmerc, 2006.

DEEL 1. HET VEGE LIJF: LICHAMELIJK FUNCTIONEREN

Morriën A. Ik heb nu weer de tijd. Privé-domein nr. 188. Amsterdam: Arbeiderspers, 1996.

Hoofdstuk 1 Welke lichamelijke functies veranderen, en wanneer?

Benyamini Y, Blumstein T, Murad H, Lerner-Geva L. Changes over time from baseline poor self-rated health: for whom does poor self-rated health not predict mortality? *Psychology and Health* 2011; 26(11): 1446-1462.

Boer A de (red). Rapportage Ouderen 2006; veranderingen in de leefsituatie en de levensloop. Den Haag: Sociaal en Cultureel Planbureau, 2006.

De Boer MR, Pluijm SMF, Lips P, Moll AC, Völker-Dieben HJ, Deeg DJH, Van Rens GHMB. Different aspects of visual impairment as risk factors for falls and fractures in older men and women. *Journal of Bone and Mineral Research* 2004; 19: 1539-1547.

Deeg DJH, Bath PA. Self-rated health, gender, and mortality in older persons: introduction to a special section. *The Gerontologist* 43; 2003: 369-371.

Draaisma D. Tegen de schemering komen de beelden. Het syndroom van Bonnet, In: Draaisma D. Ontregelde geesten. Ziektegeschiedenissen. Groningen: Historische Uitgeverij, 2006: 15-35.

Glass TA. Conjugating the "tenses" of function: discordance among hypothetical, experimental, and enacted function in older adults. *Gerontologist* 1998; 38(1): 101-112.

Hardy SE, Gill TM. Recovery from disability among community-dwelling older persons. *JAMA* 2004; 291: 1596-1602.

Hardy SE, Dubin JA, Holford TR, Gill TM. Transitions between states of disability and independence among older persons. *Am J Epidemiol* 2005; 161: 575-584.

Ironside V. No! I Don't Need Reading Glasses. Londen: Quercus, 2013.

Jylhä M. What is self-rated health and why does it predict mortality? Towards a unified conceptual model. *Social Science and Medicine* 2009; 69: 307-316.

Kramer SE, Merkus P. Gehoor. Hoofdstuk 19.2. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). Inleiding in de gerontologie en geriatrie. Houten: Bohn Stafleu van Loghum, 2016: 134-136.

Lodge D. Deaf Sentence. Londen: Harvill Secker, 2008.

López-Otín C, Blasco MA, Partridge L, Serrano M, Kroemer G. The hallmarks of aging. *Cell* 2013; 153: 1194-1217.

Maddox G. Some correlates of differences in self-assessment of health among the elderly. *Journal of Gerontology* 1962; 17: 180-185.

Minicuci N, Noale M, Pluijm SMF, for the CLESA working group. Disability-free life expectancy: a cross-national comparison of six longitudinal studies on ageing. The CLESA project. *European Journal of Ageing* 2004; 1: 37-44.

Nispen RMA van, Rens GHMB van. Zintuigen en communicatie. Hoofdstuk 19.1. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). Inleiding in de gerontologie en geriatrie. Houten: Bohn Stafleu van Loghum, 2016: 132-134.

- Pronk M, Deeg DJ, Kramer SE. Hearing status in older persons: a significant determinant of depression and loneliness? Results from the Longitudinal Aging Study Amsterdam. *Am J Audiol* 2013; 22(2): 316-320.
- Puts MTE, Lips P, Deeg DJH. Static and dynamic measures of frailty predict decline in a performance-based and self-reported measure of physical functioning. *Journal of Clinical Epidemiology* 2005; 58: 1188-1198. 2005.
- Rattan SIS. Biogerontology: the next step. *Annals of the New York Academy of Sciences* 2000: 282-290.
- Sarton, M. *At Eighty-Two. A Journal*. New York: Norton, 1996.
- Schoor NM van, Zambon S, Castell MV, for the EPOSA study group. Impact of clinical osteoarthritis of the hip, knee and hand on self-rated health in six European countries: the European Project on OsteoArthritis. *Quality of Life Research* 2016; 25(6): 1423-1432.
- Studenski S, Perera S, Patel K et al. Gait speed and survival in older adults. *JAMA* 2011; 305: 50-58.
- Underwood E. The Final Countdown. In the race to find a biological clock, there are plenty of contenders. *Science* 2015; 350(6265): 1188-1190.
- Warren H. *Geheim dagboek 2001*. Amsterdam: Bert Bakker, 2002.

Hoofdstuk 2 Welke factoren bevorderen of belemmeren het lichamelijke functioneren?

- Barker DJP. *The fetal and infant origins of adult disease*. Londen: British Medical Journal Books, 1992.
- Bauman A, Bull F, Chey T, Craig CL, Ainsworth BE, Sallis JF, e.a. The International Prevalence Study on physical activity: results from 20 countries. *International Journal of Behaviour Nutrition and Physical Activity* 2009; 6: 21.
- Bisschop MI, Kriegsman DMW, Deeg DJH, Van Tilburg TG, Penninx BWJH. The influence of differing social ties on decline in physical functioning among older people with and without chronic diseases: the Longitudinal Aging Study Amsterdam. *Aging Clinical and Experimental Research* 15; 2003: 164-173.
- Boer A de (red). *Rapportage Ouderen 2006; veranderingen in de levenssituatie en de levensloop*. Den Haag: Sociaal en Cultureel Planbureau, 2006.
- Boer MR de, Pluijm SMF, Lips P, Moll AC, Völker-Dieben HJ, Deeg DJH, Rens GHMB van. Different aspects of visual impairment as risk factors for falls and fractures in older men and women. *Journal of Bone and Mineral Research* 2004; 19: 1539-1547.
- Bourre JM. Where to find omega-3 fatty acids and how feeding animals with diet enriched in omega-3 fatty acids to increase nutritional value of derived products for human: what is actually useful? *Journal of Nutrition Health and Aging* 2005; 9(4): 232-242.
- Bourre JM. Effects of nutrients (in food) on the structure and function of the nervous system: update on dietary requirements for brain. Part 1: micronutrients. *Journal of Nutrition Health and Aging* 2006; 10(5): 377-385.
- Broese van Groenou MI, Penninx BWJH, Deeg DJH. Socio-economic inequalities in health decline and mortality in an older population. *Aging Clinical and Experimental Research* 2003; 15: 174-183.

- Chang J, Ryou N, Jun HJ, Hwang SY, Song JJ, Chae SW. Effect of cigarette smoking and passive smoking on hearing impairment: data from a population-based study. *PLoS One* 2016; 11(1): e0146608.
- Clark BC, Manini TM. Functional consequences of sarcopenia and dynapenia in the elderly. *Current Opinions in Clinical Nutrition and Metabolic Care* 2010; 13(3): 271-276.
- Clark BC, Manini TM. What is dynapenia? *Nutrition* 2012; 28(5): 495-503.
- Comijs HC, Dik MG, Deeg DJH, Jonker C. The impact of change in cognitive functioning and cognitive decline on disability, well-being, and the use of health care services in older persons: results of the Longitudinal Aging Study Amsterdam. *Dementia and Geriatric Cognitive Disorders* 2005; 19: 316-323.
- Decalf V, Denys MA, Everaert K. Urine-incontinentie. Hoofdstuk 10. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 72-76.
- Deeg DJH, Portrait F, Lindeboom M. Health profiles and profile-specific health expectancies of older women and men: the Netherlands. *Journal of Women and Aging* 2002; 14: 27-46.
- Deeg DJH. Longitudinal characterization of course types of functional limitations. *Disability and Rehabilitation* 2005; 27: 253-261.
- Deeg DJH. Gender and Physical Health in Later Life. In: Krauss Whitbourne S (red). *The Encyclopedia of Adulthood and Aging*. Malden, Oxford: John Wiley and Sons, Inc, 2016: 537.
- Edwards van Muinen A, Joode S de. Verwachtingen gezondheid niet altijd te somber. *Nieuwe feiten Plus-onderzoek. Plus magazine* 2000; 11/12: 34-35.
- Emerging Risk Factors Collaboration. C-reactive protein, fibrinogen, and cardiovascular disease prediction. *New England Journal of Medicine* 2012; 367(14): 1310-1320.
- Faber E, Custers JWH, Berghmans LCM, Dongen JJAM van, Groenigen COM van, Gruppings-Morel MHM, Hogen Esch FHA, Lagro-Janssen ALM, Pinxteren B van, Verstappen WHJM. Landelijke Eerstelijns Samenwerkings Afspraak Incontinentie voor urine. *Huisarts en Wetenschap* 2007; 50(5): S9-S12.
- Finoulst M, Vankrunkelsven P, Van Lierde J. Is overmatig sporten gevaarlijk voor het hart? *Tijdschrift voor Geneeskunde (België)* 2016; 72(6) 412-415.
- Fried LP, Tangen CM, Walston J, e.a. Frailty in older adults: evidence for a phenotype. *Journals of Gerontology A Biological Sciences Medical Sciences* 2001; 56(3): M146-156.
- Gellert P, Ziegelmann JP, Warner LM. Physical activity intervention in older adults: does a participating partner make a difference? *European Journal of Ageing* 2011; 8(3): 211-219.
- Gezondheidsraad. Ouderdom komt met gebreken; geneeskunde en zorg bij ouderen met multimorbiditeit. Den Haag: Gezondheidsraad, 2008.
- Gezondheidsraad. Ondervoeding bij ouderen. Den Haag: Gezondheidsraad, 2011.
- Gezondheidsraad. Evaluatie van de voedingsnormen voor vitamine D. Den Haag: Gezondheidsraad, 2012.
- Gezondheidsraad. Beweegerichtlijnen 2017. Den Haag: Gezondheidsraad, 2017.

- Glüer C, Wu C, Jergas M, Goldstein S, Genant H. Three quantitative ultrasound parameters reflect bone structure. *Calcified Tissue International* 1994; 55: 45–52.
- Goodpaster BH, Park SW, Harris TB, Kritchevsky SB, Nevitt M, Schwartz AV, Simonsick EM, Tylavsky FA, Visser M, Newman AB. The loss of skeletal muscle strength, mass, and quality in older adults: the Health, Aging and Body Composition study. *Journals of Gerontology A Biological Sciences Medical Sciences* 2006; 61(10): 1059-1064.
- Gool CH van, Kempen GI, Penninx BW, Deeg DJH, Eijk JT van. Chronic disease and lifestyle transitions: results from the Longitudinal Aging Study Amsterdam. *Journal of Aging and Health* 2007; 19: 416-38.
- Heim N. Obesity in old age. criteria and consequences. Proefschrift. Amsterdam: Vrije Universiteit, 2011.
- Heim N, Snijder MB, Heymans MW, Deeg DJH, Seidell JC, Visser M. Optimal cutoff values for high-risk waist circumference in older adults based on related health outcomes. *American Journal of Epidemiology* 2011; 174(4): 479-489.
- Herbolsheimer F, Schaap LA, Edwards MH, for the EPOSA study group. Physical activity patterns among older adults with and without knee osteoarthritis in six European countries. *Arthritis Care and Research* 2016; 68(2): 228–236.
- Hoogendijk EO, Rockwood K, Theou O, Armstrong JJ, Onwuteaka-Philipsen BD, Deeg DJH, Huisman M. Tracking changes in frailty throughout later life: results from a 17-year longitudinal study in the Netherlands. *Age Ageing* 2018; 47(5): 727-733.
- <https://nl.wikipedia.org/wiki/Taaislijmziekte>
- <https://nl.wikipedia.org/wiki/Borstkanker>
- Huisman M, Kunst A, Deeg D, Grigoletto F, Nusselder W, Mackenbach J. Educational inequalities in the prevalence and incidence of disability in Italy and the Netherlands were observed. *Journal of Clinical Epidemiology* 58; 2005: 1058-1063.
- Jacobs MT, Broese van Groenou MI, Aartsen MJ, Deeg DJ. Diversity in older adults' care networks: the added value of individual beliefs and social network proximity. *Journal of Gerontology B Psychological Sciences Social Sciences* 2018; 73(2) Special Issue: 326-336.
- Ji LL. Physical activity: a strong stimulant for hormesis during aging. In: Le Bourg E, Rattan SIS (red). *Mild stress and healthy aging. Applying hormesis in aging research and interventions*. Springer Science+Business Media, 2010: 97-114.
- Katan MB. Voedingsmythen. Over valse hoop en nodeloze vrees. Prometheus/Bert Bakker, 2016.
- Kemper HGC, Ooijendijk WTM, Stiggelbout M. Consensus over de Nederlandse Norm voor Gezond Bewegen. *Tijdschrift Gezondheidswetenschappen (TSG)* 2000; 78: 180-183.
- Klerk M de, Schellingerhout R. Ondersteuning gewenst. Mensen met lichamelijke beperkingen en hun voorzieningen op het terrein van wonen, zorg, vervoer en welzijn. Den Haag: Sociaal en Cultureel Planbureau, 2006.
- Koster A, Bosma H, Broese van Groenou MI, Kempen GI, Penninx BW, Eijk JT van, Deeg DJH. Explanations of socioeconomic differences in changes in physical function in older adults: results from the Longitudinal Aging Study Amsterdam. *BMC Public Health* 6: 2006; 244.

- Koster A, Ding J, Stenholm S, Caserotti P, Houston DK, Nicklas BJ, You T, Lee JS, Visser M, Newman AB, Schwartz AV, Cauley JA, Tylavsky FA, Goodpaster BH, Kritchevsky SB, Harris TB; Health ABC study. Does the amount of fat mass predict age-related loss of lean mass, muscle strength, and muscle quality in older adults? *Journals of Gerontology A Biological Sciences Medical Sciences* 2011; 66(8): 888-895.
- Kriegsman DMW, Deeg DJH, Stalman WAB. Comorbidity of somatic chronic diseases and decline in physical functioning. *The Longitudinal Aging Study Amsterdam. Journal of Clinical Epidemiology* 2004; 57: 55-65.
- Maarsingh OR, Stam H, Ven P van de, van Schoor NM, Ridd MJ, Wouden JC van der. Predictors of dizziness in older persons: a 10-year prospective cohort study in the community. *BMC Geriatrics* 2014; 14: 133.
- Matthews CE, Chen KY, Freedson PS, Buchowski MS, Beech BM, Pate RR, Troiano RP. Amount of time spent in sedentary behaviors in the United States, 2003-2004. *American Journal of Epidemiology* 2008 ; 167(7): 875-881.
- Melzer D, Dik MG, Van Kamp GJ, Jonker C, Deeg DJH. The APOE e4 polymorphism is strongly associated with poor mobility performance test results but not self-reported limitation in older people. *Journal of Gerontology: Medical Sciences* 60; 2005: 1319-1323.
- Monteagudo C, Dijkstra SC, Visser M. Self-perception of body weight status in older Dutch adults. *Journal of Nutrition Health and Aging* 2015; 19(6): 612-618.
- Morris BJ. How xenohormetic compounds confer health benefits. In: Le Bourg E, Rattan SIS (red). *Mild stress and healthy aging. Applying hormesis in aging research and interventions.* Springer Science+Business Media, 2010: 115-138.
- Nordin E, Moe-Nilssen R, Ramnemark A, Lundin-Olsson L. Changes in step-width during dual-task walking predicts falls. *Gait and Posture* 2010; 32: 92-97.
- Olde Rikkert MGM. Geriatrische syndromen. Hoofdstuk 29. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie.* Houten: Bohn Stafleu van Loghum, 2016: 206-210.
- Ooijendijk WTM, Hildebrandt VH, Hopman-Rock M. Bewegen in Nederland 2000-2005. In: Hildebrandt VH, Ooijendijk WTM, Hopman-Rock M (red). *Trendrapport Bewegen en Gezondheid 2004/2005 TNO Kwaliteit van Leven* 2007: 9-36.
- Peeters G, Lips P, Brown WJ. Changes in physical functioning over 6 years in older women: effects of sitting time and physical activity. *European Journal of Ageing* 2014; 11: 205-212.
- Pluijm SM, Smit JH, Tromp EA, Stel VS, Deeg DJ, Bouter LM, Lips P. A risk profile for identifying community-dwelling elderly with a high risk of recurrent falling: results of a 3-year prospective study. *Osteoporosis International* 2006; 17: 1-9.
- Pluijm SMF, Visser M, Puts MTE, Dik MG, Schalk BW, van Schoor NM, Schaap LA, Bosscher RJ, Deeg DJH. Ongezonde leefstijl in de loop van het leven: samenhang met lichamelijke achteruitgang op oudere leeftijd. *Tijdschrift voor Gerontologie en Geriatrie* 2006; 37: 226-36.
- Portrait F, Teeuwiszen E, Deeg D. Early life undernutrition and chronic diseases at older ages: the effects of the Dutch famine on cardiovascular diseases and diabetes. *Social Science and Medicine* 2011; 73(5): 711-718.

Portrait FRM, Wingerden TF van, Deeg DJH. Early life undernutrition and adult height: the Dutch famine of 1944-45. *Economics and Human Biology* 2017; 27: 339-348.

Puts MTE, Lips P, Deeg DJH. Static and dynamic measures of frailty predict decline in a performance-based and self-reported measure of physical functioning. *Journal of Clinical Epidemiology* 2005; 58: 1188-1198. 2005.

Puts MTE, Shekary N, Widdershoven G, Heldens J, Deeg DJH. The meaning of frailty according to Dutch older frail and non-frail persons. *Journal of Aging Studies* 2009; 23: 258-266.

Rasheed S, Woods RT. Malnutrition and quality of life in older people: A systematic review and meta-analysis. *Ageing Research Reviews* 2013; 12: 561-566.

Rejeski WJ, Fielding RA, Blair SN, et al. The lifestyle interventions and independence for elders (LIFE) pilot study: design and methods. *Contemp Clin Trials*. 2005; 26(2):141–154.

Russ DW, Gregg-Cornell K, Conaway MJ, Clark BC. Evolving concepts on the age-related changes in 'muscle quality'. *Journal of Cachexia Sarcopenia and Muscle* 2012; 3(2): 95-109.

Saase JL van, Noteboom WM, Vandenbroucke JP. Longevity of men capable of prolonged vigorous physical exercise: a 32 year follow up of 2259 participants in the Dutch eleven cities ice skating tour. *British Medical Journal* 1990; 301(6766): 1409-1411.

Schalk BWM, Visser M, Deeg DJH, Bouter LM. Lower levels of serum albumin and total cholesterol and future decline in functional performance in older persons: the Longitudinal Aging Study Amsterdam. *Age and Ageing* 2004; 33: 266-272.

Schalk BWM, Visser M, Penninx BWJH, Deeg DJH. Serum albumin and muscle strength: a longitudinal study in older men and women. *Journal of the American Geriatrics Society* 2005; 53: 1331-1338.

Schalk BWM, Visser M, Penninx BWJH, Deeg DJH. Change in serum albumin and subsequent decline in functional status in older persons. *Aging Clinical and Experimental Research* 2005; 17: 297-305.

Schalk BW, Visser M, Bremmer MA, Penninx BW, Bouter LM, Deeg DJH. Change of serum albumin and risk of cardiovascular disease and all-cause mortality: Longitudinal Aging Study Amsterdam. *American Journal of Epidemiology* 2006; 164: 969-977.

Schilp J, Wijnhoven HA, Deeg DJH, Visser M. Early determinants for the development of undernutrition in an older general population: Longitudinal Aging Study Amsterdam. *British Journal of Nutrition* 2011; 106(5): 708-717.

Schilp J, Kruijzena HM, Wijnhoven HA, Leistra E, Evers AM, van Binsbergen JJ, Deeg DJ, Visser M. High prevalence of undernutrition in Dutch community-dwelling older individuals. *Nutrition* 2012; 28: 1151-1156.

Scholte R, Berg GJ van den, Lindeboom M, Deeg DJ. Does the size of the effect of adverse events at high ages on daily-life physical functioning depend on the economic conditions around birth? *Health Economics* 2017; 26(1): 86-103.

Schoor NM van, de Jongh RT, Daniels JM, Heymans MW, Deeg DJ, Lips P. Peak expiratory flow rate shows a gender-specific association with vitamin D deficiency. *Journal of Clinical Endocrinology and Metabolism* 2012; 97(6): 2164-2171.

- Schoor NM van, Visser M, Pluijm SMF, Kuchuk N, Smit JH, Lips P. Vitamin D deficiency as a risk factor for osteoporotic fractures. *Bone* 2008; 42(2): 260–266.
- Schoor NM van, Knol DL, Deeg DJ, Peters FP, Heijboer AC, Lips P. Longitudinal changes and seasonal variations in serum 25-hydroxyvitamin D levels in different age groups: results of the Longitudinal Aging Study Amsterdam. *Osteoporosis International* 2014; 25(5): 1483-1491.
- Schram MT, Waal MWM de, Craen ALM de, Deeg DJH, Schellevis FG. Multimorbiditeit: de nieuwe epidemie. *Tijdschrift voor Gezondheidswetenschappen (TSG)* 2008; 86: 23-25.
- Sjostrom M, Oja P, Hagstromer M, Smith BJ, Bauman A. Health-enhancing physical activity across European Union countries: the Eurobarometer study. *Journal of Public Health* 2006; 14: 291–300.
- Sohl E, Schoor NM van, Jongh RT de, Visser M, Deeg DJ, Lips P. Vitamin D status is associated with functional limitations and functional decline in older individuals. *Journal of Clinical Endocrinology and Metabolism* 2013; 98(9): E1483-1490.
- Sohl E, Heymans MW, Jongh RT de, Heijer M den, Visser M, Merlijn T, Lips P, Schoor NM van. Prediction of vitamin D deficiency by simple patient characteristics. *American Journal of Clinical Nutrition* 2014; 99: 1089-1095.
- Sohl E, Jongh RT de, Heymans MW, Schoor NM van, Lips P. Thresholds for serum 25(OH)D concentrations with respect to different outcomes. *Journal of Clinical Endocrinology and Metabolism* 2015; 100(6): 2480–2488.
- Stel VS, Pluijm SM, Deeg DJ, Smit JH, Bouter LM, Lips P. A classification tree for predicting recurrent falling in community-dwelling older persons. *Journal of the American Geriatrics Society* 2003; 51: 1356-1364.
- Stel VS, Smit JH, Pluijm SMF, Lips P. Consequences of falling in older men and women and risk factors for health service use and functional decline. *Age and Ageing* 2004; 33: 58–65.
- Timmermans EJ, Schaap LA, Visser M, for the EPOSA study group. The association of the neighbourhood built environment with objectively measured physical activity in older adults with and without lower limb osteoarthritis. *BMC Public Health* 2016; 16: 710.
- Timmermans EJ, van der Pas S, Dennison EM, for the EPOSA study group. The influence of weather conditions on outdoor physical activity among older people with and without osteoarthritis in six european countries. *Journal of Physical Activity and Health* 2016; 13(12): 1385-1395.
- Tromp AM, Smit JH, Deeg DJH, Lips P. Quantitative ultrasound measurements of the tibia and calcaneus in comparison to DXA measurements at various skeletal sites. *Osteoporosis International* 1999; 9: 230-235.
- Tromp AM, Pluijm SMF, Smit JH, Deeg DJH, Bouter LM, Lips P. Fall-risk screening test: a prospective study on predictors for falls in community-dwelling elderly. *Journal of Clinical Epidemiology* 2001; 54: 837-844.
- Tseng LA, Delmonico MJ, Visser M, Boudreau RM, Goodpaster BH, Schwartz AV, Simonsick EM, Satterfield S, Harris T, Newman AB. Body composition explains sex differential in physical performance among older adults. *Journals of Gerontology A Biological Sciences Medical Sciences* 2014; 69(1): 93-100.

- Visser M, Launer LJ, Deurenberg P, Deeg DJH. Total and sport activity in older men and women: relationship with body fat distribution. *American Journal of Epidemiology* 1997; 145: 752-761.
- Visser M, Stel VS, Pluijm SMF, Bosscher RJ, Deeg DJH. Physical activity as a determinant of change in mobility performance: The Longitudinal Aging Study Amsterdam. *Journal of the American Geriatrics Society* 2002; 50: 1774-1781.
- Visser M. Sedentair gedrag van ouderen. Rapportage aan het ministerie van VWS. Amsterdam: Vrije Universiteit, 2014.
- Visser M. Lichaamsgewicht en ondervoeding. Hoofdstuk 33. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 230-233.
- Visser M, Groot CPGM de. Voeding en supplementgebruik. Hoofdstuk 34. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 236-240.
- Vries OJ de, Peeters G, Elders P, Sonnenberg C, Muller M, Deeg DJ, Lips P. The elimination half-life of benzodiazepines and fall risk: two prospective observational studies. *Age and Ageing* 2013; 42(6): 764-770.
- Visser M, Brychta RJ, Chen KY, Koster A. Self-Reported adherence to the physical activity recommendation and determinants of misperception in older adults. *Journal of Aging and Physical Activity* 2014; 22: 226-234.
- Vries OJ de, Peeters GM, Lips P, Deeg DJ. Does frailty predict increased risk of falls and fractures? A prospective population-based study. *Osteoporosis International* 2013; 24(9): 2397-2403.
- Warren H. *Geheim dagboek* 2001. Amsterdam: Bert Bakker, 2002.
- Wijnhoven HA, Schilp J, van Bokhorst-de van der Schueren MA, de Vet HC, Kruijenga HM, Deeg DJ, Ferrucci L, Visser M. Development and validation of criteria for determining undernutrition in community-dwelling older men and women: The Short Nutritional Assessment Questionnaire 65+. *Clinical Nutrition* 2012; 31(3): 351-358.
- Woo J. Walking speed: a summary indicator of frailty? *Journal of the American Medical Directors Association* 2015; 16: 635-637.
- World Health Organisation (WHO) Expert Committee. *Physical status: the use and interpretation of anthropometry*. Technical Report Series. Geneva: WHO, 1995.
- Zijlstra GAR, Haastregt JCM van, Ambergen T, Rossum E van, Eijk JThM van, Tennstedt SL, Kempen GIJM. Effects of a multicomponent cognitive behavioral group intervention on fear of falling and activity avoidance in community-dwelling older adults: results of a randomized controlled trial. *Journal of the American Geriatrics Society* 2009; 57: 2020-2028.
- Zijlstra GAR, Haastrecht JCM van, Kempen GIJM. 'Zicht op evenwicht': een effectieve interventie om bezorgdheid om te vallen en gerelateerd vermijdingsgedrag bij ouderen te verminderen. *Tijdschrift voor Gerontologie en Geriatrie* 2012; 43: 164-175.
- Zunzunegui MV, Rodriguez-Laso A, Otero A, for the CLESA working group. Disability and social ties: comparative findings of the CLESA study. *European Journal of Ageing* 2005; 2: 40-47.

Hoofdstuk 3 Hoe houd je plezier in het leven bij verminderd lichamelijk functioneren?

- Aartsen MJ, Comijs HC. Alcoholgebruik en depressieve symptomen bij ouderen: resultaten van de Longitudinal Aging Study Amsterdam. *Tijdschrift voor Gerontologie en Geriatrie* 2012; 43(3): 127-136.
- Bisschop MI, Kriegsman DMW, Deeg DJH, Beekman ATF, Van Tilburg W. The longitudinal relation between chronic diseases and depression in older persons in the community: The Longitudinal Aging Study Amsterdam. *Journal of Clinical Epidemiology* 2004; 57: 187-194.
- Boer A de (red). *Rapportage Ouderen 2006; veranderingen in de leefsituatie en de levensloop*. Den Haag: Sociaal en Cultureel Planbureau, 2006.
- Boons CC, Kamp K van de, Deeg DJH. Assistive technology and self-rated health in comparison with age peers: a longitudinal study in 55-64-year-olds. *Disability and Rehabilitation: Assistive Technology* 2016; 11(2): 117-123.
- Bot M, Pouwer F, Assies J, Jansen EH, Beekman AT, Jonge P de. Supplementation with eicosapentaenoic omega-3 fatty acid does not influence serum brain-derived neurotrophic factor in diabetes mellitus patients with major depression: a randomized controlled pilot study. *Neuropsychobiology* 2011; 63(4): 219-223.
- Dotson VM, Hsu F-C, Langae TY, for the LIFE Study Group. Genetic moderators of the impact of physical activity on depressive symptoms. *Journal of Frailty and Aging* 2016; 5(1): 6-14.
- Elstgeest LE, Brouwer IA, Penninx BW, van Schoor NM, Visser M. Vitamin B12, homocysteine and depressive symptoms: a longitudinal study among older adults. *European Journal of Clinical Nutrition* 2017; 71(4): 468-475.
- Elstgeest LEM, Winkens LHH, Penninx BWJH, Brouwer IA, Visser M. Associations of depressive symptoms and history with three a priori diet quality indices in middle-aged and older adults. *Journal of Affective Disorders* 2019; 249: 394-403.
- Galenkamp H, Huisman M, Braam AW, Deeg DJ. Estimates of prospective change in self-rated health in older people were biased owing to potential recalibration response shift. *Journal of Clinical Epidemiology* 2012; 65(9): 978-988.
- Gool CH van, Kempen GJIM, Penninx BWJH, Deeg DJH, Beekman ATF, Eijk JTM van. Relationship between changes in depressive symptoms and unhealthy lifestyles in middle aged and older persons: Results from the Longitudinal Aging Study Amsterdam. *Age and Ageing* 32; 2003: 81-87.
- Gool CH van, Kempen GI, Penninx BW, Deeg DJH, Eijk JT van. Chronic disease and lifestyle transitions: results from the Longitudinal Aging Study Amsterdam. *Journal of Aging and Health* 2007; 19: 416-38.
- Grayson DA, Mackinnon A, Jorm AF, Creasey H, Broe GA. Item bias in the Center for Epidemiologic Studies Depression scale: effects of physical disorders and disability in an elderly community sample. *Journal of Gerontology: Psychological Sciences* 2000; 55B(5): P273-P282.
- Groen H. *Pogingen iets van het leven te maken. Het geheime dagboek van Hendrik Groen, 83¼ jaar*. Amsterdam: Meulenhoff, 2014.

- Groen H. Zolang er leven is. Het nieuwe geheime dagboek van Hendrik Groen, 85 jaar. Amsterdam: Meulenhoff, 2016.
- Harvey SB, Hotopf M, Øverland S, Mykletun A. Physical activity and common mental disorders. *British Journal of Psychiatry* 2010; 197: 357–364.
- Heesch KC, Gellecum YR van, Burton NW, Uffelen JGZ van, Brown WJ. Physical activity and quality of life in older women with a history of depressive symptoms. *Preventive Medicine* 2016; 91: 299-305.
- Hilderink PH, Burger H, Deeg DJ, Beekman AT, Oude Voshaar RC. The temporal relation between pain and depression: results from the Longitudinal Aging Study Amsterdam. *Psychosomatic Medicine* 2012; 74(9): 945-951.
- Joshi S, Mooney SJ, Kennedy GJ, Benjamin EO, Ompad D, Rundle AG, Beard JR, Cerdá M. Beyond METs: types of physical activity and depression among older adults. *Age and Ageing* 2016; 45: 103–109.
- Kamp K van de, Braam AW, Deeg DJ. Verschuivingen in de ervaren gezondheid van 55-64-jarigen tussen 1992 en 2002. *Tijdschrift voor Gerontologie en Geriatrie* 2008; 39:182-192.
- Katan MB. Voedingsmythen. Over valse hoop en nodeloze vrees. Prometheus/Bert Bakker, 2016.
- Koning EJ de, Timmermans EJ, Schoor NM van, for the EPOSA study group. Within-person pain variability and mental health in older adults with osteoarthritis: an analysis across six European cohorts. *Journal of Pain* 2018; 19(6): 690-698.
- Koster A, Bosma H, Kempen GI, Penninx BW, Beekman AT, Deeg DJH, van Eijk JT. Socioeconomic differences in incident depression in older adults: the role of psychosocial factors, physical health status, and behavioral factors. *Journal of Psychosomatic Research* 61: 2006: 619-27.
- Michon M. Van die damesdingen. Over de kunst van het ouder worden. Memoire. Amsterdam: Archipel, 2009.
- Milaneschi Y, Simonsick EM, Vogelzangs N, for the Health, Aging, and Body Composition Study. Leptin, abdominal obesity, and onset of depression in older men and women. *Journal of Clinical Psychiatry* 2012; 73(9): 1205-1211.
- Nispen RM van, Vreeken HL, Comijs HC, Deeg DJ, Rens GH van. Role of vision loss, functional limitations and the supporting network in depression in a general population. *Acta Ophthalmologica* 2016; 94(1): 76-82.
- Paperwalla KN, Levin TT, Weiner J, Saravay SM. Smoking and depression. *Medical Clinics of North America* 2004; 88: 1483–1494.
- Pas S van der, Schaap LA, Castell MV, for the EPOSA study group. Availability and use of neighborhood resources by older people with osteoarthritis: Results from the European Project on OsteoArthritis. *Health and Place* 2016; 37: 1-7.
- Peeters G, Gellecum YR van, Uffelen JGZ van, Burton NW, Brown WJ. Contribution of house and garden work to the association between physical activity and well-being in young, mid-aged and older women. *British Journal of Sports Medicine* 2014; 48: 996-1001.

- Penninx BWJH, van Tilburg T, Kriegsman DMW, Boeke AJP, Deeg DJH, van Eijk JTM. Social network, social support, and loneliness in older persons with different chronic diseases. *Journal of Aging and Health* 1999; 11(2): 151-168.
- Pronk M, Deeg DJ, Smits C, Twisk JW, van Tilburg TG, Festen JM, Kramer SE. Hearing loss in older persons: does the rate of decline affect psychosocial health? *Journal of Aging and Health* 2014; 26(5): 703-723.
- Puts MTE, Shekary N, Widdershoven G, Heldens J, Lips P, Deeg DJH. What does quality of life mean to older frail and non-frail community-dwelling adults? *Quality of Life Research* 2007; 16: 263-277.
- Rasheed S, Woods RT. Malnutrition and quality of life in older people: a systematic review and meta-analysis. *Ageing Research Reviews* 2013; 12: 561-566.
- Rolland JS. Chronic illness and the life cycle: A conceptual framework. *Family Process* 1987; 26, 203-221.
- Sanders JB, Comijs HC, Bremmer MA, Deeg DJ, Beekman AT. A 13-year prospective cohort study on the effects of aging and frailty on the depression-pain relationship in older adults. *International Journal of Geriatric Psychiatry* 2015; 30(7): 751-757.
- Sanders JB, Bremmer MA, Comijs HC, Deeg DJ, Beekman AT. Gait speed and the natural course of depressive symptoms in late life; an independent association with chronicity? *Journal of the American Medical Directors Association* 2016; 17(4): 331-335.
- Schoor NM van, Zambon S, Castell MV, for the EPOSA study group. Impact of clinical osteoarthritis of the hip, knee and hand on self-rated health in six European countries: the European Project on OsteoArthritis. *Quality of Life Research* 2016; 25(6): 1423-1432.
- Tanaka T, Tanaka K, Suyama K, Honda S, Senjyu H, Kozu R. A comparison of objective physical activity, muscle strength, and depression among community-dwelling older women living in sloped versus non-sloped environments. *Journal of Nutrition Health and Aging* 2016; 20(5): 520-524.
- Timmermans EJ, van der Pas S, Cooper C, Schaap LA, Edwards MH, Deeg DJ, Gale CR, Dennison EM. The neighbourhood environment and use of neighbourhood resources in older adults with and without lower limb osteoarthritis: results from the Hertfordshire Cohort Study. *Clinical Rheumatology* 2016; 35(11): 2797-2805.
- Timmermans EJ, van der Pas S, Schaap LA, Cooper C, Edwards MH, Gale CR, Deeg DJ, Dennison EM. Associations between perceived neighbourhood problems and quality of life in older adults with and without osteoarthritis: Results from the Hertfordshire Cohort Study. *Health and Place* 2017; 43: 144-150.
- Vink D, Aartsen MJ, Comijs HC, Heymans MW, Penninx BW, Stek ML, Deeg DJ, Beekman AT. Onset of anxiety and depression in the aging population: comparison of risk factors in a 9-year prospective study. *American Journal of Geriatric Psychiatry* 2009; 17(8): 642-52.
- Vogelzangs N, Beekman AT, Boelhouwer IG, Bandinelli S, Milaneschi Y, Ferrucci L, Penninx BW. Metabolic depression: a chronic depressive subtype? Findings from the InCHIANTI study of older persons. *Journal of Clinical Psychiatry* 2011; 72(5): 598-604.

- Wassing-Vossen S, Collard RM, Comijs HC, Oude Voshaar RC, Naarding P. Value of physical activity and sedentary behavior in predicting depression in older adults. *Letter. Journal of the American Geriatrics Society* 64: 647–694, 2016.
- Winkens LHH, Strien T van, Brouwer IA, Penninx BWJH, Visser M, Lähteenmäki L. Associations of mindful eating domains with depressive symptoms and depression in three European countries. *Journal of Affective Disorders* 2018; 228: 26-32.

Hoofdstuk 4 Word je op dezelfde manier lichamelijk oud als je ouders?

- Deeg DJH, Comijs HC, Hoogendijk EO, van der Noordt M, Huisman M. 23-Year trends in life expectancy in good and poor physical and cognitive health at age 65 years in the Netherlands, 1993–2016. *American Journal of Public Health* 2018; 108(12): 1652-1658.
- Deeg DJH, Kriegsman DMW, Zonneveld RJ van. Prevalentie van vier chronische ziekten en hun samenhang met gezondheidsbeperkingen bij ouderen in Nederland, 1956-1993. *Tijdschrift Sociale Gezondheidszorg (TSG)* 1994; 72: 434-441.
- Galenkamp H, Braam AW, Huisman M, Deeg DJ. Seventeen-year time trend in poor self-rated health in older adults: changing contributions of chronic diseases and disability. *European Journal of Public Health* 2013; 23(3): 511-517.
- Koopman C, Vaartjes I, Blokstra A, Verschuren WM, Visser M, Deeg DJ, Bots ML, van Dis I. Trends in risk factors for coronary heart disease in the Netherlands. *BMC Public Health* 2016; 16(1): 835.
- Koopman C, Vaartjes I, van Dis I, Verschuren WM, Engelfriet P, Heintjes EM, Blokstra A, Deeg DJ, Visser M, Bots ML, O'Flaherty M, Capewell S. Explaining the decline in coronary heart disease mortality in the Netherlands between 1997 and 2007. *PLoS One* 2016; 11(12): e0166139.
- Martin LG, Freedman VA, Schoeni RF, Andreski PM. Trends in disability and related chronic conditions among people ages fifty to sixty-four. *Health Affairs* 2010; 29: 725-731.
- Newman AB, Sachs MC, Arnold AM, Fried LP, Kronmal R, Cushman M, Psaty BM, Harris TB, Robbins JA, Burke GL, Kuller LH, Lumley T. Total and cause-specific mortality in the Cardiovascular Health Study. *Journal of Gerontology Medical Sciences* 2009; 64(12): 1251-1261.
- Puts MT, Deeg DJ, Hoeymans N, Nusselder WJ, Schellevis FG. Changes in the prevalence of chronic disease and the association with disability in the older Dutch population between 1987 and 2001. *Age and Ageing* 2008; 37: 187-93.
- Reinders I, van Schoor NM, Deeg DJH, Huisman M, Visser M. Trends in lifestyle among three cohorts of adults aged 55-64 years in 1992/1993, 2002/2003 and 2012/2013. *Eur J Public Health* 2018; 28(3): 564-570.

DEEL 2. HET HOOFD KOEL HOUDEN: COGNITIEF FUNCTIONEREN

Exley H. De gouden jaren. Arnhem: TerraLannoo, 2006. (Voor citaat Solon.)

Yalom ID. Becoming Myself. A Psychiatrist's Memoir. Piatkus, 2017.

Hoofdstuk 5 Welke cognitieve functies veranderen, en wanneer?

Alzheimer's Disease International Consortium. World Alzheimer Report 2009.

<http://www.alz.co.uk/research/files/WorldAlzheimerReport.pdf2009>

Birren JE. Age changes in speed of behavior: Its central nature and physiological correlates. In: Welford AT, Birren JE (red). Behavior, aging and the nervous system: Biological determinants of speed of behavior and its changes with age. Springfield, IL: Charles C Thomas, 1964: 191–216.

Buckley RF, Ellis KA, Ames D, for the Australian Imaging Biomarkers and Lifestyle Study of Ageing (AIBL) Research Group. Phenomenological characterization of memory complaints in preclinical and prodromal Alzheimer's disease. *Neuropsychology* 2015; 29(4): 571-581.

Comijs HC, Deeg DJH, Dik MG, Twisk JWR, Jonker C. Memory complaints; the association with psycho-affective and health problems and the role of personality characteristics. A six-year follow-up study. *Journal of Affective Disorders* 2002; 72: 157-165.

Comijs HC, Gerritsen L, Penninx BW, Bremmer MA, Deeg DJ, Geerlings MI. The association between serum cortisol and cognitive decline in older persons. *American Journal of Geriatric Psychiatry* 2010, 18(1): 42-50.

Comijs H, Bostel M van. Cognitieve veroudering. Hoofdstuk 2.3. In: Oude Voshaar R, Mast R van der, Stek M, Verhey F, Vandenbulcke M (red). *Handboek Ouderenpsychiatrie*. Utrecht: De Tijdstroom, 2018: 61-69.

Comijs H, Van den Stock J. Het neuropsychologisch onderzoek. Hoofdstuk 9. In: Oude Voshaar R, Mast R van der, Stek M, Verhey F, Vandenbulcke M (red). *Handboek Ouderenpsychiatrie*. Utrecht: De Tijdstroom, 2018: 221-236.

Dik MG, Jonker J, Bouter LM, Geerlings MI, Kamp GJ van, Deeg DJH. Memory complaints and APOE-ε4 accelerate cognitive decline in cognitively normal elderly. *Neurology* 2001; 67: 2217-2222.

Huffington A. *The sleep revolution: transforming your life, one night at a time*. Harmony, 2016.

Jessen F, Amariglio RE, van Bostel M, for the Subjective Cognitive Decline Initiative (SCD-I) Working Group. A conceptual framework for research on subjective cognitive decline in preclinical Alzheimer's disease. *Alzheimer's and Dementia* 2014; 10(6): 844-852.

Kessler E-M, Bowen CE, Baer M, Froelich L, Wahl HW. Dementia worry: a psychological examination of an unexplored phenomenon. *European Journal of Ageing* 2012; 9(4): 275-284.

Klein S. *Dromen. Een reis naar onze innerlijke werkelijkheid*. Amsterdam: Ambo|Anthos, 2015.

- Kommer TN van den, Comijs HC, Aartsen MJ, Huisman M, Deeg DJ, Beekman AT. Depression and cognition: how do they interrelate in old age? *American Journal of Geriatric Psychiatry* 2013; 21(4): 398-410.
- Kommer TN van den, Comijs HC, Rijs KJ, Heymans MW, Boxtel MP van, Deeg DJ. Classification models for identification of at-risk groups for incident memory complaints. *International Psychogeriatrics* 2014; 26(2): 257-271.
- Luszcz MA, Lane AP. Executive function in cognitive, neuropsychological, and clinical aging. Hoofdstuk 12. In: Hofer SM, Alwin DF (red). *Handbook of cognitive aging. Interdisciplinary perspectives*. Los Angeles: Sage, 2008: 193-206.
- Old SR, Naveh-Benjamin M. Age-related changes in memory: Experimental approaches. Hoofdstuk 9. In: Hofer SM, Alwin DF (red). *Handbook of cognitive aging. Interdisciplinary perspectives*. Los Angeles: Sage, 2008: 151-167.
- Reisberg B, Prichep L, Mosconi L, John ER, Glodzik-Sobanska L, Boksay I, Monteiro I, Torossian C, Vedvyas A, Ashraf N, Jamil IA, de Leon MJ. The pre-mild cognitive impairment, subjective cognitive impairment stage of Alzheimer's disease. *Alzheimer's and Dementia* 2008; 4(1 Suppl 1): S98-S108.
- Rijs KJ, Comijs HC, Kommer TN van den, Deeg DJ. Do employed and not employed 55 to 64-year-olds' memory complaints relate to memory performance? A longitudinal cohort study. *European Journal of Public Health* 2013; 23(6): 1013-1020.
- Salthouse TA. The processing-speed theory of adult age differences in cognition. *Psychological Review* 1996; 103(3): 403-428.
- Verhaeghen P, Cerella J. Everything we know about aging and response times. A meta-analytic integration. Hoofdstuk 8. In: Hofer SM, Alwin DF (red). *Handbook of cognitive aging. Interdisciplinary perspectives*. Los Angeles: Sage, 2008: 134-150.
- Yalom, ID. *Becoming Myself. A Psychiatrist's Memoir*. Piatkus, 2017.

Hoofdstuk 6 Welke factoren bevorderen of belemmeren het cognitief functioneren?

- Aartsen MJ, Smits CHM, Tilburg TG van, Knipscheer CPM, Deeg DJH. Activity in older adults: cause or consequence of cognitive functioning? A longitudinal study on the impact of leisure activities on cognitive performance in older adults. *Journal of Gerontology: Psychological Sciences* 2002; 57B: P153-162.
- Aartsen MJ, Tilburg TG van, Smits CHM, Comijs HC, Knipscheer KCPM. Does widowhood affect memory performance of older persons? *Psychological Medicine* 2005; 35: 217-226.
- Ballesteros S, Voelcker-Rehage, Bherer L. Editorial: Cognitive and brain plasticity induced by physical exercise, cognitive training, video games, and combined interventions. *Frontier in Human Neuroscience* 2018; 12: 169.
- Comijs HC, Kriegsman DM, Dik MG, Deeg DJ, Jonker C, Stalman WA. Somatic chronic diseases and 6-year change in cognitive functioning among older persons. *Archives of Gerontology and Geriatrics* 2009; 48(2): 191-196.
- Comijs HC, van den Kommer TN, Minnaar RW, Penninx BW, Deeg DJH. Accumulated and differential effects of life events on cognitive decline in older persons: depending on

- depression, baseline cognition, or ApoE epsilon4 status? *Journal of Gerontology B Psychological Sciences Social Sciences* 2011; 66 Suppl 1: 111-120.
- Comijs H, Boxtel M van. Cognitieve veroudering. Hoofdstuk 2.3. In: Oude Voshaar R, Mast R van der, Stek M, Verhey F, Vandenbulcke M (red). *Handboek Ouderenpsychiatrie*. Utrecht: De Tijdstroom, 2018: 61-69.
- Dik MG, Jonker C, Bouter LM, Geerlings MI, Kamp GJ van, Deeg DJH. Apolipoprotein E e4 is associated with memory decline in cognitively impaired elderly. *Neurology* 2000; 54: 1492-1497.
- Dik MG, Deeg DJH, Visser M, Jonker C. Early life physical activity and cognition at old age. *Journal of Clinical and Experimental Neuropsychology* 2003; 25: 643-653.
- Dik MG, Jonker C, Hack CE, Smit JH, Comijs HC, Eikelenboom P. Serum inflammatory proteins and cognitive decline in older persons. *Neurology* 2005; 64: 1371-1377.
- Ellwardt L, Tilburg TG van, Aartsen MJ. The mix matters: Complex personal networks relate to higher cognitive functioning in old age. *Social Science and Medicine* 2015; 125: 107-115.
- Gezondheidsraad. *Voedingsnormen voor vitamines en mineralen voor volwassenen*. Den Haag: Gezondheidsraad, 2018.
- Klaming R, Annese J, Veltman DJ, Comijs HC. Episodic memory function is affected by lifestyle factors: a 14-year follow-up study in an elderly population. *Aging Neuropsychology and Cognition* 2017; 24(5): 528-542.
- Kommer TN van den, Comijs HC, Dik MG, Jonker C, Deeg DJ. Development of classification models for early identification of persons at risk for persistent cognitive decline. *Journal of Neurology* 2008; 255: 1486-1494.
- Korten NC, Penninx BW, Pot AM, Deeg DJ, Comijs HC. Adverse childhood and recent negative life events: contrasting associations with cognitive decline in older persons. *Journal of Geriatric Psychiatry and Neurology* 2014; 27(2): 128-138.
- Mansens D, Deeg DJH, Comijs HC. The association between singing and/or playing a musical instrument and cognitive functions in older adults. *Aging and Mental Health* 2018; 22(8): 964-971.
- Marioni RE, Valenzuela MJ, Van den Hout A, Brayne C, Matthews FE. Active cognitive lifestyle is associated with positive cognitive health transitions and compression of morbidity from age sixty-five. *PLoS One* 2012; 7(12): e50940.
- Mast R van der. Delier. Hoofdstuk 27.2. In: Oude Voshaar R, Mast R van der, Stek M, Verhey F, Vandenbulcke M (red). *Handboek Ouderenpsychiatrie*. Utrecht: De Tijdstroom, 2018: 557-577.
- Robitaille A, Muniz G, Lindwall M, Piccinin AM, Hoffman L, Johansson B, Hofer SM. Physical activity and cognitive functioning in the oldest old: within- and between-person cognitive activity and psychosocial mediators. *European Journal of Ageing* 2014; 11: 333-347.
- Rooij SEJA de. Delier. Hoofdstuk 22. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 158-161.

Seinfeld S, Figueroa H, Ortiz-Gil J, Sanchez-Vives MV. Effects of music learning and piano practice on cognitive function, mood and quality of life in older adults. *Frontiers in Psychology* 2013; 810(4): 1–13.

Warren H. *Geheim dagboek* 2001. Amsterdam: Bert Bakker, 2002.

Yalom, ID. *Becoming Myself. A Psychiatrist's Memoir*. Piatkus, 2017.

Zlata ZZ, McGregor KM, Towler S, Nocera JR, Dzierzewski JM, Crosson C. Selfreported physical activity and objective aerobic fitness: differential associations with gray matter density in healthy aging. *Frontiers in Aging Neuroscience* 2015; 7: 1–8.

Hoofdstuk 7 Hoe houd je plezier in het leven bij cognitieve achteruitgang?

Brailean A, Aartsen MJ, Muniz-Terrera G, Prince M, Prina AM, Comijs HC, Huisman M, Beekman A. Longitudinal associations between late-life depression dimensions and cognitive functioning: a cross-domain latent growth curve analysis. *Psychological Medicine* 2017; 47: 690–702.

Groen H. *Pogingen iets van het leven te maken. Het geheime dagboek van Hendrik Groen, 83¼ jaar*. Amsterdam: Meulenhoff, 2014.

Jonker AA, Comijs HC, Knipscheer KC, Deeg DJ. Persistent Deterioration of Functioning (PDF) and change in well-being in older persons. *Aging Clinical and Experimental Research* 2008; 20: 461-468.

Jonker AA, Comijs HC, Knipscheer KC, Deeg DJ. The role of coping resources on change in well-being during persistent health decline. *Journal of Aging and Health* 2009; 21(8): 1063-1082.

Kommer TN van den, Comijs HC, Aartsen MJ, Huisman M, Deeg DJ, Beekman AT. Depression and cognition: how do they interrelate in old age? *American Journal of Geriatric Psychiatry* 2013; 21(4): 398-410.

Yalom, ID. *Becoming Myself. A Psychiatrist's Memoir*. Piatkus, 2017.

Hoofdstuk 8 Word je op dezelfde manier cognitief oud als je ouders?

Comijs H, Bostel M van. Cognitieve veroudering. Hoofdstuk 2.3. In: Oude Voshaar R, Mast R van der, Stek M, Verhey F, Vandenbulcke M (red). *Handboek Ouderenpsychiatrie*. Utrecht: De Tijdstroom, 2018: 61-69.

Deeg DJH, Comijs HC, Hoogendijk EO, van der Noordt M, Huisman M. 23-Year trends in life expectancy in good and poor physical and cognitive health at age 65 years in the Netherlands, 1993–2016. *American Journal of Public Health* 2018; 108(12): 1652-1658.

Flynn JR. Massive IQ gains in 14 nations: What IQ tests really measure. *Psychological Bulletin* 1987; 101: 171–91.

DEEL 3. VERKEREN IN DIVERSE KRINGEN: SOCIAAL FUNCTIONEREN

Andrews M. Unexpecting age. *Journal of Aging Studies* 2012; 26: 386-393.

European Year of Active Ageing and Solidarity between Generations.

<http://europa.eu/ey2012>

Gerhardt I. *De adelaarsvarens*. Amsterdam: Atheneum-Polak & van Gennep, 1988.

Kahn RL, Antonucci TC. Convoys over the life course: attachment, roles and social support. In: Baltes PB, Brim O (red). *Life-span development and behavior*. New York, NY: Academic Press, 1980: 253–286.

Riley MW, Johnson M, Foner A. *Aging and society. Volume 3: A sociology of age stratification*. New York: Russell Sage Foundation, 1972.

Sleeswijk JG. Alt werden und jung bleiben. *Wiener Medizinische Wochenschrift* 1925: 1496-1499 en 1557-1563.

Hoofdstuk 9 Welke aspecten van je sociale leven veranderen, en wanneer?

Aartsen M. Sociale netwerkbenadering. Hoofdstuk 4. In: Vliet J van, Jukema JS.

Perspectieven op ouder worden en de sociaal professional. Den Haag: Boom Lemma, 2014: 47-54.

Aartsen MJ, Thomése GCF. Sociale theorieën. Hoofdstuk 2.3. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 18-20.

Atchley RC. Retirement and leisure participation: continuity or crisis? *The Gerontologist* 1961; 11: 13-17

Atchley RC. A continuity theory of normal aging. *The Gerontologist* 1989; 29(2): 183-190.

Baarsen B van, Snijders TAB, Smit JH, Duijn MAJ van. Lonely but not alone: emotional isolation and social isolation as two distinct dimensions of loneliness in older people. *Educational and Psychological Measurement* 2001; 61(1): 119-135.

Berner J, Aartsen M, Wahlberg M, Elmståhl S, Berglund J, Anderberg P, Deeg D. A cross-national and longitudinal study on predictors in starting and stopping internet use (2001-2013) by Swedish and Dutch older adults 66 years and above. *Gerontechnology* 2016; 14(3): 157-168.

Berner J, Aartsen M, Deeg D. Predictors in starting and stopping internet use between 2002 and 2012 by Dutch adults 65 years and older. *Health Informatics Journal* 2017. Epub ahead of print.

Berner J, Comijs H, Elmståhl S, Welmer A-K, Berglund JS, Anderberg P, Deeg D.

Maintaining cognitive function with internet use: a two-country, six-year longitudinal study. *International Psychogeriatrics* 2019.

Braam AW, Hein E, Deeg DJH, Beekman ATF, Van Tilburg W. Religious involvement and course of depressive symptoms in older Dutch citizens: results from the Longitudinal Aging Study Amsterdam. *Journal of Aging and Health* 2004; 16: 467-489.

Bras H, Tilburg T van. Kinship and social networks: a regional analysis of sibling relations in twentieth-century Netherlands. *Journal of Family History* 2007; 32(3): 296-322.

- Broese van Groenou MI, Tilburg TG van. Network analysis. In: Birren JE. Encyclopedia of gerontology (Second edition): Age, ageing, and the aged. San Diego: Elsevier, 2007; vol 2: 242-250.
- Broese van Groenou M, Hoogendijk EO, Tilburg TG van. Continued and new personal relationships in later life: differential effects of health. *Journal of Aging and Health* 2013; 25(2): 274–295.
- Broese van Groenou M, Tolkacheva N. Zijn ouderen nu meer of minder sociaal actief dan voorheen? Trends in vrijwilligerswerk, mantelzorg en het geven van steun door 64-75-jarigen in 2005, 2008 en 2012. Rapportage aan het ministerie van VWS. Amsterdam: Vrije Universiteit, 2014.
- Campen C van, Vonk F, Tilburg T van (red). Kwetsbaar en eenzaam? Risico's en bescherming in de ouder wordende bevolking. Den Haag: Sociaal en Cultureel Planbureau, 2018.
- Centraal Bureau voor de Statistiek. Statline, geraadpleegd 11 juli 2018.
- Cumming E, Henry WE. Growing old: the process of disengagement. New York: Basic Books 1961.
- Deeg DJH, Boertje M-L, Galenkamp H. Healthy life years and social engagement. In: Walker A. The future of ageing in Europe. Making an asset of longevity. Singapore: Palgrave Macmillan, 2019: 143-176.
- Dolnicar V, Groselj D, Hrast MF, Vehovar V, Petrovcic A. The role of social support networks in proxy internet use from the intergenerational perspective. *Telematics and Informatics* 2018; 35(2): 305-317.
- Dykstra PA. Network composition. Hoofdstuk 6. In: Knipscheer CPM, Jong Gierveld J de, Tilburg TG van, Dykstra PA (red). Living arrangements and social networks of older adults. Amsterdam: VU Uitgeverij, 1995: 97-114.
- Dykstra PA. Off the beaten track. Childlessness and social integration in late life. *Research on Aging* 2006; 28(6): 749-767.
- Dykstra PA, Wagner M. Pathways to childlessness and late-life outcomes. *Journal of Family Issues* 2007; 28(11): 1487-1517.
- Dykstra PA, Fokkema T. Relationships between parents and their adult children: a West European typology of late-life families. *Ageing and Society* 2011; 31: 545–569.
- Ellwardt L, Tilburg T van, Aartsen M, Wittek R, Steverink N. Personal networks and mortality risk in older adults: a twenty-year longitudinal study. *PLoS ONE* 2015; 10(3): e0116731.
- Ellwardt L, Aartsen M, Tilburg T van. Types of non-kin networks and their association with survival in late adulthood: a latent class approach. *Journal of Gerontology B Psychological Sciences Social Sciences* 2017; 72(4): 694–705.
- Emrich E, Pierdzioch C. The internet and the commitment of volunteers: empirical evidence for the Red Cross. *Nonprofit and Voluntary Sector Quarterly* 2016; 45(5): 1013-1030.
- Fischer SH, David D, Crotty BH, Dierks M, Safran C. Acceptance and use of health information technology by community-dwelling elders. *International Journal of Medical Informatics* 2014; 83(9): 624-635.

- Galenkamp H, Gagliardi C, Principi A, Golinowska S, Moreira A, Schmidt AE, Winkelmann J, Sowa A, van der Pas S, Deeg DJH. Predictors of social leisure activities in older Europeans with and without multimorbidity. *European Journal of Ageing* 2016; 13(2): 129-143.
- Geurts T, Poortman A-R, Tilburg TG van. Older parents providing child care for adult children: does it pay off? *Journal of Marriage and Family* 2012; 74(2): 239-250.
- Geurts T, Tilburg TG van, Poortman A-R. The grandparent–grandchild relationship in childhood and adulthood: a matter of continuation? *Personal Relationships* 2012; 19: 267–278.
- Geurts T. Grandparent-grandchild relationships in the Netherlands: a dynamic and multigenerational perspective. Proefschrift. Amsterdam: Vrije Universiteit, 2012.
- Golinowska S, Sowa A, Deeg D, Socci M, Principi A, Rodrigues R, Ilinca S, Galenkamp H. Participation in formal learning activities of older Europeans in poor and good health. *European Journal of Ageing* 2016; 13(2): 115-127.
- Havighurst RJ. Successful aging. *The Gerontologist* 1961; 1: 8–13.
- Ironside V. *No! I Don't Need Reading Glasses*. Londen: Quercus, 2013.
- Jong Gierveld J de. A review of loneliness: concept and definitions, determinants and consequences. *Reviews in Clinical Gerontology* 1998; 8: 73-80.
- Jong Gierveld J de. Remarriage, unmarried cohabitation, living apart together: partner relationships following bereavement or divorce. *Journal of Marriage and Family* 2004; 66: 236–243.
- Jong Gierveld J de, Broese van Groenou MI, Hoogendoorn AW, Smit JH. Quality of marriages in later life and emotional and social loneliness. *Journal of Gerontology: Social Sciences* 2009; 64B(4): 497–506.
- Jong Gierveld J de, Broese van Groenou MI. Quality of marriage and social loneliness in later life. In: Michalos AC (red). *Encyclopedia of Quality of Life and Well-Being Research*. Dordrecht: Springer, 2014: 5309-5312.
- Kok AA, Aartsen MJ, Deeg DJ, Huisman M. Capturing the diversity of successful aging: an operational definition based on 16-year trajectories of functioning. *The Gerontologist* 2017; 57(2): 340-251.
- Korporaal M, Broese van Groenou MI, Tilburg TG van. Health problems and marital satisfaction among older couples. *Journal of Aging and Health* 2013; 25(8): 1279-1298.
- Kriegsman DMW, Penninx BWJH, Eijk JThM van. Chronic disease in the elderly and its impact on the family. A review of the literature. *Family Systems Medicine* 1994; 12: 249-267.
- Lifshitz R, Nimrod G, Bachner YG. Internet use and well-being in later life: a functional approach. *Aging and Mental Health* 2018; 22(1): 85-91.
- Maat JW van de. *Maatschappelijke participatie in de derde levensfase. "Je wilt nog wel wat, maar je wilt je niet meer binden."* Masterthesis. Amsterdam: Vrije Universiteit, Faculteit Sociale Wetenschappen, 2008.
- McGarrigle CA, Timonen V, Layte R. Choice and constraint in the negotiation of the grandparent role: a mixed-methods study. *Gerontology and Geriatric Medicine* 2018; 4: article number 233372141775094.

- Narushima M, Liu J, Diestlkamp N. I learn, therefore I am: a phenomenological analysis of meanings of lifelong learning for vulnerable older adults. *The Gerontologist* 2018; 58(4): 696-05.
- Nes F van, Jonsson H, Hirschler S, Abma T, Deeg D. Meanings created in co-occupation: construction of a late-life couple's photo story. *Occupational Science* 2012; 19: 341-357.
- Nes F van, Jonsson H, Abma T, Deeg D. Changing everyday activities of couples in late life: converging and keeping up. *Journal of Aging Studies* 2013; 27(1): 82-91.
- Nes F van. Everyday activities of ageing couples: changes in the face of declining health. Proefschrift. Amsterdam: Vrije Universiteit, 2013.
- Noriega C, Lopez J, Dominguez R, Velasco C. Perceptions of grandparents who provide auxiliary care: value transmission and child-rearing practices. *Child and Family Social Work* 2017; 22(3): 1227-1236.
- Pas S van der, Tilburg TG van. The influence of family structure on the contact between older parents and their adult biological children and stepchildren in the Netherlands 2010. *Journal of Gerontology: Social Sciences* 2010; 65B(2): 236-245.
- Pas S van der, Tilburg TG van, Silverstein M. Stepfamilies in later life. *Journal of Marriage and Family* 2013; 75: 1065-1069.
- Queniert A, Charpentier M. Initiate, bequeath, and remember: older women's transmission role within the family. *Journal of Women and Aging* 2013; 25: 45-65.
- Schoenmakers E. Coping with loneliness. Proefschrift. Amsterdam: Vrije Universiteit, 2013.
- Sowa A, Golinowska S, Deeg D, Principi A, Casanova G, Schulmann K, Ilinca S, Rodrigues R, Moreira A, Galenkamp H. Predictors of religious participation of older Europeans in good and poor health. *European Journal of Ageing* 2016; 13(2): 145-157.
- Stevens NL, Tilburg TG van. Stimulating friendship in later life: a strategy for reducing loneliness among older women. *Educational Gerontology* 2000; 26: 15-35.
- Stevens N. Combating loneliness: a friendship enrichment programme for older women. *Ageing and Society* 2001; 21: 183-202.
- Stevens NL, Martina CM, Westerhof GJ. Meeting the need to belong: predicting effects of a friendship enrichment program for older women. *The Gerontologist* 2006; 46(4): 495-502.
- Stevens NL, Van Tilburg TG. Cohort differences in having and retaining friends in personal networks in later life. *Journal of Social and Personal Relationships* 2011; 28(1): 24-43.
- Strawbridge WJ, Wallhagen MI, Shema SJ, Kaplan GA. New burdens or more of the same? Comparing grandparent, spouse, and adult-child caregivers. *The Gerontologist* 1997; 37(4): 505-510.
- Suanet B, Pas S van der, Tilburg TG van. Who is in the stepfamily? Change in stepparents' family boundaries between 1992 and 2009. *Journal of Marriage and Family* 2013; 75: 1070-1083.
- Suanet B, Antonucci T. Cohort differences in received social support in later life: the role of network type. *Journal of Gerontology B Psychological Sciences Social Sciences* 2017; 72(4): 706-715.

- Swinkels J, Tilburg TV, Verbakel E, Broese van Groenou M. Explaining the gender gap in the caregiving burden of partner caregivers. *Journals of Gerontology B Psychological Sciences Social Sciences* 2019; 74(2): 309-317.
- Tilburg T van. Losing and gaining in old age: changes in personal network size and social support in a four-year longitudinal study. *Journals of Gerontology B Psychological Sciences Social Sciences* 1998; 53(6): S313–S323.
- Weiss RS. *Loneliness: The experience of emotional and social isolation*. Cambridge, MA: MIT Press, 1973.

Hoofdstuk 10 Welke factoren bevorderen of belemmeren het sociale leven?

- Aartsen MJ, Tilburg T van, Smits CHM, Knipscheer KCPM. A longitudinal study of the impact of physical and cognitive decline on the personal network in old age. *Journal of Social and Personal Relationships* 2004; 21(2): 249-266.
- Alma MA, Mei SF van der, Feitsma WN, Groothoff JW, Tilburg TG van, Suurmeijer TPBM. Loneliness and self-management abilities in the visually impaired elderly. *Journal of Aging and Health* 2011; 23(5): 843-861.
- Alma MA, Mei SF van der, Melis-Dankers BJM, Tilburg TG van, Groothoff JW, Suurmeijer TPBM. Participation of the elderly after vision loss. *Disability and Rehabilitation* 2011; 33(1): 63-72.
- Alma MA, Groothoff JW, Melis-Dankers BJM, Suurmeijer TPBM, Mei SF van der. The effectiveness of a multidisciplinary group rehabilitation program on the psychosocial functioning of elderly people who are visually impaired. *Journal of Visual Impairment and Blindness* 2013; January-February: 5-16.
- Alma MA, Mei SF van der, Feitsma WN, Groothoff JW, Tilburg TG van, Suurmeijer TP. Eenzaamheid en self-management vaardigheden bij visueel beperkte ouderen. *Tijdschrift voor Gerontologie en Geriatrie* 2013; 44(3): 132-142.
- Bloem B. *Residential relocation and personal networks of older Dutch adults*. Proefschrift. Amsterdam: Vrije Universiteit, 2013.
- Bloem BA, Tilburg TG van. Minder eenzaam na verhuizing? Rooilijn. *Tijdschrift voor Wetenschap en Beleid in de Ruimtelijke Ordening* 2006; 39: 221-226.
- Bloem BA, Tilburg TG van, Thomése GCF. Changes in older Dutch adults' role networks after moving. *Personal relationships* 2008; 15: 465-478.
- Bloem B, Tilburg T van, Thomése F. Residential mobility in older Dutch adults: influence of later life events. *International Journal of Ageing and Later Life* 2008; 1(3): 21-44.
- Broese van Groenou MI, Knipscheer CPM. Onset of physical impairment of independently living older adults and the support received from sons and daughters in the Netherlands. *International Journal of Aging and Human Development* 1999; 48(4): 263-278.
- Broese van Groenou M, Hoogendijk EO, Tilburg TG van. Continued and new personal relationships in later life: differential effects of health. *Journal of Aging and Health* 2013; 25(2): 274–295.
- Deeg DJH, Thomése GCF. Discrepancies between personal income and neighbourhood status: effects on physical and mental health. *European Journal of Ageing* 2005; 2: 98-108.

- Dykstra PA, Tilburg TG van, Jong Gierveld J de. Changes in older adult loneliness: results from a seven-year longitudinal study. *Research on Aging* 2005; 27: 725-747.
- Galenkamp H, Gagliardi C, Principi A, Golinowska S, Moreira A, Schmidt AE, Winkelmann J, Sowa A, van der Pas S, Deeg DJH. Predictors of social leisure activities in older Europeans with and without multimorbidity. *Eur J Ageing* 2016; 13(2): 129-143.
- Guiaux M, Tilburg TG van, Broese van Groenou MI. Changes in contact and support exchange in personal networks after widowhood. *Personal Relationships* 2017; 14: 457-473.
- Houtjes W, Meijel B van, Deeg DJH, Beekman ATF. Late-life depression: systematic assessment of care needs as a basis for treatment. *Journal of Psychiatric and Mental Health Nursing* 2012; 19(3): 274-280.
- Houtjes W, Meijel B van, Ven PM van de, Deeg D, Tilburg T van, Beekman A. The impact of an unfavorable depression course on network size and loneliness in older people: a longitudinal study in the community. *International Journal of Geriatric Psychiatry* 2014; 29(10): 1010-1017.
- Houtjes W, Deeg D, van de Ven PM, van Meijel B, van Tilburg T, Beekman A. Is the naturalistic course of depression in older people related to received support over time? Results from a longitudinal population-based study. *International Journal of Geriatric Psychiatry* 2017; 32(6): 657-663.
- Jong Gierveld J de. A review of loneliness: concept and definitions, determinants and consequences. *Reviews in Clinical Gerontology* 1998; 8: 73-80.
- Klinkenberg M. The last phase of life of older people: health, preferences and care. A proxy report study. Proefschrift. Amsterdam: Vrije Universiteit, 2004.
- Kool MB, Middendorp H van, Boeije HR, Geenen R. Understanding the lack of understanding: invalidation from the perspective of the patient with fibromyalgia. *Arthritis & Rheumatism (Arthritis Care & Research)* 2009; 61(12): 1650-1656.
- Kool MB, Middendorp H van, Lumley MA, Schenk Y, Jacobs JWG, Bijlsma JWJ, Geenen R. Lack of understanding in fibromyalgia and rheumatoid arthritis: the Illness Invalidation Inventory (3*1). *Annals of Rheumatic Disease* 2010; 69: 1990-1995.
- Lodge D. Deaf Sentence. Londen: Harvill Secker, 2008.
- Merz E-M, Jong Gierveld J de. Childhood memories, family ties, sibling support and loneliness in ever-widowed older adults: quantitative and qualitative results. *Ageing & Society* 2016; 36: 534-561.
- Penninx BWJH, van Tilburg T, Kriegsman DMW, Boeke AJP, Deeg DJH, van Eijk JTM. Social network, social support, and loneliness in older persons with different chronic diseases. *Journal of Aging and Health* 1999; 11(2): 151-168.
- Pronk M, Deeg DJH, Smits C, van Tilburg TG, Kuik DJ, Festen JM, Kramer SE. Prospective effects of hearing status on loneliness and depression in older persons: Identification of subgroups. *International Journal of Audiology* 2011; 50(12): 887-896.
- Pronk M, Deeg DJ, Smits C, Twisk JW, van Tilburg TG, Festen JM, Kramer SE. Hearing loss in older persons: does the rate of decline affect psychosocial health? *Journal of Aging and Health* 2014; 26(5): 703-723.

Puts MTE, Shekary N, Widdershoven G, Heldens J, Lips P, Deeg DJH. What does quality of life mean to older frail and non-frail community-dwelling adults? *Quality of Life Research* 2007; 16: 263-277.

Hoofdstuk 11 Hoe houd je plezier in het leven bij verminderd sociaal functioneren?

- Ahmed-Mohamed K, Rojo-Perez F, Fernandez-Mayoralas G, João Forjaz M, Martinez-Martin. Associative participation of older adults and subjective quality of life: exploring selfselection bias. *Ageing and Society* 2015; 35: 1343-1363.
- Baarsen B van. Theories on Coping With Loss: The impact of social support and self-esteem on adjustment to emotional and social loneliness following a partner's death in later life. *Journal of Gerontology: Social Sciences* 2002; 57B(1): S33-S42.
- Beurs E de, Beekman A, Geerlings SW, Deeg D, Van Dyck R, Tilburg W van. On becoming depressed or anxious in late life: similar vulnerability factors but different effects of stressful life events. *British Journal of Psychiatry* 2001; 179: 426-431.
- Borgonovi F. Doing well by doing good. The relationship between formal volunteering and self-reported health and happiness. *Social Science and Medicine* 2008; 66: 2321-2334.
- Braam AW, Hein E, Deeg DJH, Beekman ATF, Van Tilburg W. Religious involvement and course of depressive symptoms in older Dutch citizens: results from the Longitudinal Aging Study Amsterdam. *Journal of Aging and Health* 2004; 16: 467-489.
- Braam AW, Schaap-Jonker H, Horst MH van der, Steunenbergh B, Beekman AT, Tilburg W van, Deeg DJ. Twelve-year history of late-life depression and subsequent feelings to God. *American Journal of Geriatric Psychiatry* 2014; 22(11): 1272-1281.
- Breheny M, Stephens S. Spending time: the discursive construction of leisure in later life. *Annals of Leisure Research* 2017; 20(1): 39-54.
- Broeze van Groenou M, Tolkacheva N. Zijn ouderen nu meer of minder sociaal actief dan voorheen? Trends in vrijwilligerswerk, mantelzorg en het geven van steun door 64-75-jarigen in 2005, 2008 en 2012. Rapportage aan het ministerie van VWS. Amsterdam: Vrije Universiteit, 2014.
- Clouston SAP, Denier N. Mental retirement and health selection: analyses from the U.S. Health and Retirement Study. *Social Science and Medicine* 2017; 178: 78-86.
- Comijs HC, Beekman ATF, Smit F, Bremmer M, Tilburg T van, Deeg DJH. Childhood adversity, recent life events and depression in late life. *Journal of Affective Disorders* 2007; 103(1-3): 243-246.
- Connolly S, O'Shea E. The perceived benefits of participating in voluntary activities among older people: do they differ by volunteer characteristics? *Activities, Adaptation and Aging* 2015; 39(2): 95-108.
- Deeg D, Kardaun J, van der Noordt M, Hoogendijk E, van Schoor N. Towards better prediction of individual longevity. Netspar Design Paper 111, November 2018.
- Dykstra PA, Tilburg TG van, Jong Gierveld J de. Changes in older adult loneliness: results from a seven-year longitudinal study. *Research on Aging* 2005; 27: 725-747.

- Glass TA, Mendes de Leon CF, Bassuk SS, Berman LF. Social engagement and depressive symptoms in late life. Longitudinal findings *Journal of Aging and Health* 2006; 18(4): 604-628.
- Grootheest DS van, Beekman ATF, Broese van Groenou MI, Deeg DJH. Sex differences in depression after widowhood. Do men suffer more? *Social Psychiatry and Psychiatric Epidemiology* 1999; 34: 391-398.
- Guiaux M. Social adjustment to widowhood. Changes in personal relationships and loneliness before and after partner loss. Proefschrift. Amsterdam: Vrije Universiteit, 2010.
- Hoeymans N. Maatschappelijke participatie bij ouderen. *TPE digitaal* 2009; 3(2): 53-66.
- Holwerda TJ, van Tilburg TG, Deeg DJ, Schutter N, Van R, Dekker J, Stek ML, Beekman AT, Schoevers RA. Impact of loneliness and depression on mortality: results from the Longitudinal Ageing Study Amsterdam. *British Journal of Psychiatry* 2016; 209(2): 127-134.
- Ihle A, Oris M, Fagot D, Maggiori C, Kliegel M. The association of educational attainment, cognitive level of job, and leisure activities during the course of adulthood with cognitive performance in old age: the role of openness to experience. *International Psychogeriatrics* 2016; 28(5): 733-740.
- Jacobs MT, Broese van Groenou MI, Aartsen MJ, Deeg DJ. Diversity in older adults' care networks: the added value of individual beliefs and social network proximity. *Journal of Gerontology B Psychological Sciences Social Sciences* 2018; 73(2) Special Issue: 326-336.
- Kivelä SL, Luukinen H, Koski K, Viramo P, Pakkala K. Early loss of mother or father predicts depression in old age. *International Journal of Geriatric Psychiatry* 1998; 13(8): 527-530.
- Korporaal M, Broese van Groenou MI, Tilburg TG van. Effects of own and spousal disability on loneliness among older adults. *Journal of Aging and Health* 2008; 20: 306-325.
- Merz E-M, Jak S. The long reach of childhood. Childhood experiences influence close relationships and loneliness across life. *Advances in Life Course Research* 2013; 18: 212-222.
- Sonnenberg CM, Deeg DJ, van Tilburg TG, Vink D, Stek ML, Beekman AT. Gender differences in the relation between depression and social support in later life. *Int Psychogeriatr* 2013; 25(1): 61-70.
- Timmer E, Aartsen M. Mastery beliefs and productive leisure activities in the third age. *Social Behaviour and Personality* 2003; 31(7): 643-656.
- Vink D, Aartsen MJ, Comijs HC, Heymans MW, Penninx BW, Stek ML, Deeg DJ, Beekman AT. Onset of anxiety and depression in the aging population: comparison of risk factors in a 9-year prospective study. *American Journal of Geriatric Psychiatry* 2009; 17(8): 642-52.

Hoofdstuk 12 Word je op dezelfde manier sociaal oud als je ouders?

- Broese van Groenou MI, Deeg DJH. Formal and informal social participation of the 'young-old' in the Netherlands in 1992 and 2002. *Ageing and Society* 2010; 30: 445–465.
- Broese Van Groenou MI, Tilburg TG van. Six-year follow-up on volunteering in later life. *European Sociological Review* 2012; 28(1): 1-11.
- Campen C van, Vonk F, Tilburg T van (red). *Kwetsbaar en eenzaam? Risico's en bescherming in de ouder wordende bevolking*. Den Haag: Sociaal en Cultureel Planbureau, 2018.
- Geurts T. Grandparent-grandchild relationships in the Netherlands. a dynamic and multigenerational perspective. Proefschrift. Amsterdam: Vrije Universiteit, 2012.
- Groen H. Pogingen iets van het leven te maken. Het geheime dagboek van Hendrik Groen, 83¼ jaar. Amsterdam: Meulenhoff, 2014.
- Hees S van, Horstman K, Jansen M, Ruwaard D. Conflicting notions of citizenship in old age: an analysis of an activation practice. *Journal of Aging Studies* 2015; 35: 178-189.
- Pas S van der, Tilburg TG van, Knipscheer CPM. Changes in contact and support within intergenerational relationships in the Netherlands: a cohort and time-sequential perspective. In: Owens T, Suitor JJ (red). *Interpersonal relations across the life course*. London: Elsevier Science, 2007: 243-274.
- Stevens NL, Van Tilburg TG. Cohort differences in having and retaining friends in personal networks in later life. *Journal of Social and Personal Relationships* 2011; 28(1): 24-43.
- Suanet B, Pas S van der, Tilburg TG van. Who is in the stepfamily? Change in stepparents' family boundaries between 1992 and 2009. *Journal of Marriage and Family* 2013; 75: 1070-1083.
- Suanet B, Huxhold O. Cohort difference in age-related trajectories in network size in old age: are networks expanding? *Journal of Gerontology B Psychological Sciences Social Sciences* 2018. Epub ahead of print.
- Swaan A de. *Uitgaansbeperking en uitgaansangst; over de verschuiving van bevelshuishouding naar onderhandelingshuishouding*. Rede bij de aanvaarding van het ambt van hoogleraar in de sociologie. Universiteit van Amsterdam, 28 mei 1979.
- Tilburg T van, Thomése F. Societal dynamics in personal networks. In: Dannefer D, Phillipson CR (red). *The Sage handbook of social gerontology*. London: Sage, 2010: 215-225.
- Tilburg TG van, Aartsen MJ, Pas S van der. Loneliness after divorce: a cohort comparison among Dutch young-old adults. *European Sociological Review* 2015; 31(3): 243–252.
- Tilburg TG van, Suanet B. Unmarried older people: are they socially better off today? *Journals of Gerontology B Psychological Sciences Social Sciences* 2018. Epub ahead of print.

DEEL 4. DE STEMMING ERIN HOUDEN: EMOTIONEEL FUNCTIONEREN

Wordsworth W. Ode: Intimations of immortality from recollections of early childhood. In: Poems in two volumes. London: Longman, Hurst, Rees, and Orms, 1807.

Hoofdstuk 13 Hoe verandert het welbevinden in de loop van het leven?

Baltes PB. Theoretical propositions of life-span developmental psychology: on the dynamics between growth and decline. *Developmental Psychology* 1987; 23: 611-626.

Baltes PB. On the incomplete architecture of human ontogeny. Selection, optimization, and compensation as foundation of developmental theory. *American Psychologist* 1997; 52(4): 366–380.

Brown GW, Harris TO. Social origins of depression. London: Tavistock, 1978.

Carstensen LL. Social and emotional patterns in adulthood: support for socioemotional selectivity. *Psychology and Aging* 1992; 9: 259-264.

Comijs HC, Beekman ATF, Smit F, Bremmer M, Tilburg T van, Deeg DJH. Childhood adversity, recent life events and depression in late life. *Journal of Affective Disorders* 2007; 103(1-3): 243-246.

Deeg DJH, Huizink AC, Comijs HC, Smid T. Disaster and associated changes in physical and mental health in older residents. *European Journal of Public Health* 15; 2005: 170-174.

Dekker V. Going down, going down. De ware toedracht van de Bijlmerramp. Contact, Pandora Pockets, 1999.

Diener E. Subjective well-being. *Psychological Bulletin* 1984; 95: 542-575.

Gerritsen DL, Steverink N, Ooms ME, Ribber MW. Finding a useful conceptual basis for enhancing the quality of life of nursing home residents. *Quality of Life Research* 2004; 13: 611–624.

https://en.wikipedia.org/wiki/Abraham_Maslow

Labouvie-Vief G. Dynamic integration: affect, cognition, and the self in adulthood. *American Psychologist* 2003; 12(6): 201-206.

Marcoen AA. Emotionele theorieën. Hoofdstuk 2.2. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 15-17.

Maslow AH. *Motivation and personality*. New York: Harper, 1954.

Nes RB, Røysamb E. Happiness in behaviour genetics: an update on heritability and changeability. *Journal of Happiness Studies* 2017; 18(5): 1533-1552.

Ormel J, Lindenberg S, Steverink N, VonKorff M. Quality of life and social production functions: a framework for understanding health effects. *Social Science and Medicine* 1997; 45(7): 1051-1063.

Ormel J, Lindenberg S, Steverink N, Verbrugge LM. Subjective well-being and social production functions. *Social Indicators Research* 1999; 46: 61–90.

Rafiey H, Momtaz YA, Alipour F, Khankeh H, Ahmadi S, Sabzi Khoshnami M, Haron SA. Are older people more vulnerable to long-term impacts of disasters? *Clinical Interventions in Aging* 2016; 11: 1791-1795.

- Røysamb E, Nes RB. The role of genetics in subjective well-being. *Letter. Nature Human Behavior* 2019; 3:3.
- Steverink N, Lindenberg S, Slaets JPJ. How to understand and improve older people's self-management of wellbeing. *European Journal of Ageing* 2005; 2(4): 235-244.
- Steverink N, Lindenberg S. Do good self-managers have less physical and social resource deficits and more well-being in later life? *European Journal of Ageing* 2008; 5(3): 181-190.
- Stones MJ, Kozma A. 'Happy are they who are happy...' A test between two causal models of relationships between happiness and its correlates. *Experimental Aging Research* 1986; 12(1): 23-29.

Hoofdstuk 14 Specifieke aspecten van emotioneel functioneren

- Alphen SPJ van. Persoonlijkheidskenmerken. Hoofdstuk 25. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 178-181.
- Beekman ATF, Geerlings SW, Deeg DJH, Smit JH, Schoevers RA, Beurs E de, Braam AW, Penninx BWJH, Tilburg W van. The natural history of late-life depression: A 6-year prospective study in the community. *Archives of General Psychiatry* 2002; 59: 605-611.
- Beurs E de, Comijs H, Twisk JWR, Sonnenberg C, Beekman ATF, Deeg D. Stability and change of emotional functioning in late life: modelling of vulnerability profiles. *Journal of Affective Disorders* 2005; 84: 53-62.
- Comijs H. Ouderen met psychische problemen: depressie en angstklachten. Hoofdstuk 14. In: Vliet J van, Jukema JS. *Perspectieven op ouder worden en de sociaal professional*. Den Haag: Boom Lemma, 2014: 153-162.
- Diener E. Subjective well-being. *Psychological Bulletin* 1984; 95: 542-575.
- Jonker AA, Comijs HC, Knipscheer KC, Deeg DJ. Benefits for elders with vulnerable health from the Chronic Disease Self-management Program (CDSMP) at short and longer term. *BMC Geriatr* 2015; 15: 101.
- Kessler EM, Bowen CE, Baer M, Froelich L, Wahl HW. Dementia worry: a psychological examination of an unexplored phenomenon. *European Journal of Ageing* 2012; 9(4): 275-284.
- Kok RM. Depressie. Hoofdstuk 23. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 166-169.
- Kunzmann U. Differential age trajectories of positive and negative affect: Further evidence from the Berlin Aging Study. *Journals of Gerontology B Psychological Sciences Social Sciences* 2008; 63B: P261-P270.
- Oude Voshaar RC. Angststoornissen. Hoofdstuk 24. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 172-176.
- Ryff CD. Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology* 1989; 57(6): 1069-1081.

- Schaakxs R, Comijs HC, Lamers F, Beekman ATF, Penninx BWJH. Age-related variability in symptoms of major depressive disorders. *Psychological Medicine* 2017; 47: 543-552.
- Schilling OK, Deeg DJH, Huisman M. Affective well-being in the last years of life: The role of health decline. *Psychol Aging* 2018;33(5): 739-753.
- Schoevers RA, Deeg DJH, Van Tilburg W, Beekman ATF. Depression and generalized anxiety disorder. Co-occurrence and longitudinal patterns in elderly patients. *American Journal of Geriatric Psychiatry* 2005; 13: 31-39.
- Schuurmans J, Comijs HC, Beekman ATF, De Beurs E, Deeg DJH, Emmelkamp PMG, Van Dyck R. The outcome of anxiety disorders in older people at 6-year follow-up: Results from the Longitudinal Aging Study Amsterdam. *Acta Psychiatrica Scandinavica* 2005; 111: 320-428.
- Steunenberg B, Beekman ATF, Deeg DJH, Bremmer MA, Kerkhof AJ. Mastery and neuroticism predict recovery of depression in later life. *American Journal of Geriatric Psychiatry* 2007; 15: 234-242.
- Steunenberg B, Beekman AT, Deeg DJ, Kerkhof AJ. Personality predicts recurrence of late-life depression. *J Affect Disord* 2010; 123(1-3): 164-172.
- Steunenberg B, Braam AW, Beekman AT, Deeg DJ, Kerkhof AJ. Evidence for an association of the big five personality factors with recurrence of depressive symptoms in later life. *International Journal of Geriatric Psychiatry* 2009; 24(12): 1470-1477.
- Watson D, Wiese DW, Vaidya J, Tellegen A. Two general activation systems of affect: Structural findings, evolutionary considerations, and psychobiological evidence. *Journal of Personality and Social Psychology* 1999; 76: 820-838.
- Zijlstra GAR, Haastrecht JCM van, Kempen GIJM. 'Zicht op evenwicht': een effectieve interventie om bezorgdheid om te vallen en gerelateerd vermijdingsgedrag bij ouderen te verminderen. *Tijdschrift voor Gerontologie en Geriatrie* 2012; 43: 164-175.

Hoofdstuk 15 Welke factoren bevorderen of belemmeren het welbevinden?

- Bisschop MI, Kriegsman DMW, Beekman ATF, Deeg DJH. Chronic diseases and depression: the modifying role of psychosocial resources. *Social Science and Medicine* 2004; 57: 187-194.
- Cuijpers P, Karyotaki E, Pot AM, Park M, Reynolds CF 3rd. Managing depression in older age: psychological interventions. *Maturitas* 2014; 79: 160-169.
- Deeg DJH. Health and quality of life. In: Mollenkopf H, Walker A (red), *Quality of life in old age – international and multidisciplinary perspectives*. Heidelberg: Springer Verlag, 2007: 195-213.
- Deeg DJH. Nieuwe tijden, nieuwe prioriteiten? *Gerón: Tijdschrift over ouder worden & samenleving* 2014; 16(3): 11-14.
- Deeg DJH, Huisman M. Cohort differences in 3-year adaptation to health problems among Dutch middle-aged, 1992-1995 and 2002-2005. *European Journal of Ageing* 2010, 7(3): 157-165.

- Jonker AA, Comijs HC, Knipscheer KC, Deeg DJ. The role of coping resources on change in well-being during persistent health decline. *Journal of Aging and Health* 2009; 21(8): 1063-1082.
- Michon M. Van die damesdingen. Over de kunst van het ouder worden. Memoire. Amsterdam: Archipel, 2009.
- Raina P, Waltner-Toews D, Bonnett B, Woodward C, Abernathy T. Influence of companion animals on the physical and psychological health of older people: an analysis of a one-year longitudinal study. *Journal of the American Geriatrics Society* 1999; 42: 323-329.
- Schoevers RA, Smit F, Deeg DJH, Dekker J, Cuijpers P, Van Tilburg W, Beekman ATF. Prevention of late-life depression in primary care; do we know where to begin? *American Journal of Psychiatry* 163; 2006: 1611-1621.
- Smit F, Ederveen A, Cuijpers P, Deeg D, Beekman A. Opportunities for cost-effective prevention of late-life depression. An epidemiological approach. *Archives of General Psychiatry* 2006; 63: 290-296.
- Smit F, Comijs H, Schoevers R, Cuijpers P, Deeg D, Beekman A. Target groups for the prevention of late-life anxiety. *British Journal of Psychiatry* 190, 2007: 428-434.
- Veer-Tazelaar PJ van't, Marwijk HW van, Oppen P van, Hout HP van, Horst HE van der, Cuijpers P, Smit F, Beekman AT. Stepped-care prevention of anxiety and depression in late life: a randomized controlled trial. *Archives of General Psychiatry* 2009; 66(3): 297-304.

Hoofdstuk 16 Word je op dezelfde manier emotioneel oud als je ouders?

- Balkom AJLM van, Beekman ATF, Beurs E de, Deeg DJH, Van Dyck R, Tilburg W van. Comorbidity of the anxiety disorders in a community-based older population in the Netherlands. *Acta Psychiatrica Scandinavica* 2000; 101: 37-45.
- Beekman ATF, Deeg DJH, Braam AW, Smit JH, Tilburg W van. Consequences of depression in later life: associations of major and minor depression with disability, well-being and service utilization. *Psychological Medicine* 1997; 27: 1397-1409.
- Beekman ATF, Penninx BWJH, Deeg DJH, Beurs E de, Geerlings SW, Tilburg W van. The impact of depression on the well-being, disability and use of services in older adults: a longitudinal perspective. *Acta Psychiatrica Scandinavica* 2002; 105: 20-27.
- Brunt E. De breinstorm. Over depressie en Prozac. *Arbeiderspers*, 1994.
- Deeg DJH, Huisman M. Cohort differences in 3-year adaptation to health problems among Dutch middle-aged, 1992-1995 and 2002-2005. *European Journal of Ageing* 2010, 7(3): 157-165.
- Dehue T. De depressie-epidemie. Over de plicht het lot in eigen hand te nemen. Amsterdam: Augustus, 2008.
- Drewelies J, Deeg DJH, Huisman M, Gerstorf D. Perceived constraints in late midlife: Cohort differences in the Longitudinal Aging Study Amsterdam (LASA). *Psychology and Aging* 2018; 33(5): 754-768.
- Jeuring HW, Comijs HC, Deeg DJH, Stek ML, Huisman M, Beekman ATF. Secular trends in the prevalence of major and subthreshold depression among 55-64-year olds over 20 years. *Psychological Medicine* 2018; 48(11): 1824-1834.

- Jeuring HW, Hoogendijk EO, Comijs HC, Deeg DJH, Beekman ATF, Huisman M, Stek ML. The tide has turned: incidence of depression declined in community living young-old adults over one decade. *Epidemiologic Psychiatric Sciences* 2019. Epub ahead of print.
- Kok RM. Depressie. Hoofdstuk 23. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 166-169.
- Kuiper PC. Ver heen. Verslag van een depressie. 's Gravenhage: SDU uitgeverij, 1988.
- Sonnenberg CM, Deeg DJ, Comijs HC, Tilburg W van, Beekman AT. Trends in antidepressant use in the older population: results from the LASA-study over a period of 10 years. *Journal of Affective Disorders* 2008; 111: 299-305.
- Sonnenberg CM, Bierman EJ, Deeg DJH, Comijs HC, van Tilburg W, Beekman ATF. Ten-year trends in benzodiazepine use in the Dutch population. *Social Psychiatry and Psychiatric Epidemiology* 2012; 47(2): 293-301.

DEEL 5. OUD WORDEN MET VELEN: DEMOGRAFISCHE ONTWIKKELING

<https://citaten.net/Chevalier>

Hoofdstuk 17 Levensverwachting en sterftcijfers

Gheorghe M, Wubulihassimu P, Peters F, Nusselder W, Baal PH van. Health inequalities in the Netherlands: trends in quality-adjusted life expectancy (QALE) by educational level. *European Journal of Public Health* 2016; 26(5): 794-799.

Herten LM van, Oudshoorn K, Perenboom RJM, Mulder YM, Hoeymans N, Deeg DJH. Healthy life expectancy by socio-economic status. Leiden, the Netherlands: TNO Preventie en Gezondheid, 2002.

<https://statline.cbs.nl>

<https://Werktijden.blogspot.com/2014/04/de-geschiedenis-van-de.html>

<https://nl.wikipedia.org/wiki/Woningwet>

Mackenbach JP. De veren van Icarus. Over de achtergronden van twee eeuwen epidemiologische transitie in Nederland. Utrecht: Bunge, 1992.

Nimwegen N van, Gaag N van der. Demografie en veroudering. Hoofdstuk 1. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 4-8.

Omran AR. The epidemiologic transition. A theory of the epidemiology of population change. *Milbank Memorial Fund Quarterly* 1971; 49: 509-538.

Hoofdstuk 18 De omvang van de oudere bevolking

<https://statline.cbs.nl>

Hoofdstuk 19 De samenstelling van de oudere bevolking

<https://statline.cbs.nl>

Hoofdstuk 20 Geboorte en migratie

<https://statline.cbs.nl>

Nimwegen N van, Gaag N van der. Hoofdstuk 1. In: Visser M, Deeg DJH, Asselt DZB van, Sande R van der (red). *Inleiding in de gerontologie en geriatrie*. Houten: Bohn Stafleu van Loghum, 2016: 4-8.

Hoofdstuk 21 Subjectieve levensverwachting

Gana K, Alaphilippe D, Bailly N. Positive illusions and mental and physical health in later life. *Aging and Mental Health* 2004; 8(1): 58-64.

Riley MW, Kahn RL, Foner A, Mack KA (red). *Structural lag. Society's failure to provide meaningful opportunities in work, family, and leisure*. Oxford: Wiley, 1994.

Tijssen A, Wieggersma SB, Deeg DJH, Janssen F. Leeftijd is meer dan een getal: subjectieve levensverwachting onder Nederlandse ouderen. *CBS Bevolkingstrends*, January 2014: 3-13.

- Westerhof GJ, Barrett AE, Steverink N. Forever young? A comparison of age identities in the United States and Germany. *Research on Aging* 2003; 25: 366–383.
- Windsor TD, Fiori KL, Crisp DA. Personal and neighborhood resources, future time perspective, and social relations in middle and older adulthood. *Journals of Gerontology B Psychological Sciences Social Sciences* 2011; 67(4): 423–431.

DEEL 6. DE ONGEBAANDE PADEN VAN DE OUDERDOM

Ironside V. No! I Don't Need Reading Glasses. Londen: Quercus, 2013.

Vos M de. Wat de toekomst brengen moge. In: Oud worden, dat doe je ook maar voor het eerst. Gerrit Kouwenaar 80. Een hommage. Rotterdam: Poetry International/Amsterdam: Em. Querido, 2003.

Zaal R. Zeventig. Notities over het ouder worden. Amsterdam: Lebowski, 2015.

Hoofdstuk 22 Oud worden als individu

Shalev M. Mijn wilde tuin. Amsterdam: Ambo|Anthos, 2018.

Hoofdstuk 23 Oud worden in de samenleving

Applewhite A. This chair rocks. A manifesto against ageism. Celadon Books, 2019.

Deeg DJH. Oud worden is normaal. Gerōn: Tijdschrift over ouder worden & samenleving 2015; 17(3): 34-37.

Havighurst RJ. Successful aging. The Gerontologist 1961; 1: 8-13.

Salthouse T. Consequences of age-related cognitive declines. Annual Review of Psychology 2012; 63: 201-226.

Sant N, Deeg D. Oud worden is normaal. Amsterdam: VU Uitgeverij, 2015.

Zaal R. Zeventig. Notities over het ouder worden. Amsterdam: Lebowski, 2015.